Dallas Mat Club

- Grades Kindergarten-5th
- **Register** October 26, 6-8 pm at LaCreole Middle School
- **Fee**: $100. Includes USA Wrestling card and t-shirt
- **Practice** starts Tuesday, November 22 at DHS.
- Practices T/TH/F 6-7:30 in DHS Mat Room. Saturday tourneys around W. Valley
- dallasmatclub@gmail.com
- Coach Jonny Hess

LaCreole Wrestling

- Grades 6-8
- **Register** October 26, 6-8 pm at LaCreole Middle School
- **Fee:** $125. Includes USA Wrestling card and t-shirt
- **Practice** starts Tuesday, November 1 at LMS
- Practices M-F 3:30-5:30
- lacreolewildcatwrestling @gmail.com
- Coach Austin Markee

DALLAS WRESTLING

**** All paperwork must be turned in and fees paid before wrestlers will be allowed on the mat. No exceptions, this is for insurance purposes. ****